



Beth Israel Bulletin

Elul 5781 - Tishrei 5782/ September 2021

Issue 5782 - I

TEMPLE BETH ISRAEL SEPTEMBER EVENTS

HIGH HOLY DAY
SERVICES

CEMETERY VISIT

SUKKAH DECORATING



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HIGH HOLY DAY SCHEDULE 5782

Sept 6, Monday:

8:00 pm Erev Rosh Hashanah Congregational Service

Sept 7, Tuesday:

10:00 am Rosh Hashanah First Day Morning Service
Tashlich to follow (please bring bread)

Sept 8, Wednesday:

10:00 am Non-traditional Meditative Second Day
Rosh Hashanah experience

Sept 12, Sunday:

10:00 am High Holy Days Children Service
1:00 pm Cemetery visit

Sept 15, Wednesday:

8:00 pm Kol Nidre Erev Yom Kippur Service

Sept 16, Thursday:

10:00 am Yom Kippur Morning Service
1:00 pm (approx.) Yom Kippur Program
4:00 pm Yizkor (please, be seated promptly)
5:00 pm Afternoon Service and Ne'ilah

Sept 19, Sunday:

9:30 am Build and Decorate the Sukkah

Sept 24, Friday:

6:00 pm Service in the Hut

Oct 1, Friday:

6:00 pm Simchat Torah Service
Consecration of new Rabin Religious School class
Yizkor

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Schedule of Shabbat Services

Sep. 3, Friday, 6:00 pm Family Service
Nitzavim-Vayeilech (Deut. 29:9 - 30:20)

Sep. 10, Friday, 7:00 pm Shabbat Service (Co-led by Sophie Kabeli / Board Installation
Vayeilech (Deut. 31:1 - 31:30)

Sep. 17, Friday, 7:00 pm Shabbat Service
Ha'Azinu (Deut. 32: 1 - 32:52)

Sep. 24, Friday, 6:00 pm Sukkot / Shabbat Service (in the Hut)

***All Service will be on-site at the Temple and also on Zoom (unless circumstances change)



YAHREZITS

September 3, 2021

Golda Malke Feinberg
Rhea Jacobs
Elizabeth S. Caplan
George Aibel
John K. Benson
Jenny Kassel
Nochem Myerson
Laura T. Schiff
Dr. Henry Freedman
Hilda Lewis
Morris Zeaman
Rem Christopher

September 10, 2021

Norman H. Meyer
Samuel Rashkin
Tillie Rashkin
Dorothy Weiss
Hortense B. Sterns
Rachel Woolman
Stuart Harrison
Zahava Harrison
Jeanette Bigold
Aaron Cohen
Zelda Lowe
Albert H. Rabin
Esther Freedman Werner
Eli Hurwitz

September 17, 2021

Lillian Katzper
Florence Scheier
Yetta Schiff
Fannie Isaccson
Mary F. Silverman
Morry Winternitz
Rose Winternitz
Ethel Caplan
Dora Evans
David Feldman
Edward Hauschor
Lillian Lippert
Selma B. Dunn
Louis Miller
Joseph Silverman

September 24, 2020

Sydney Smith
Barnett Cohen
Leah M. Feinberg
Simon Meyer
Jules Treistman
Lester Levy
Walter Bigold
Julius Treistman
Fanny S. Schiff
Helene Elise Cohen
Tsilla Trunk



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May 16 - August 15, 2021

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Susan Kier-Merrihew:

- in memory of Selma Dunne; Jeannette and George Kier; Irving and Ellie Goldman; Jerome Resnick; Gregory Merrihew; Jonathan Nizel.

Elizabeth Brumfield/Thomas Dufore:

- in honor of Maria Foster, Mary Fievisohn, Andy Kaplan, Menches all.

Phyllis Freedman:

- in memory of Ellie Goldman;
- in memory of Harvey Roth and Yetta Shainmark.

Carolyn Payne:

- in memory of Stanford C. Reed.

Susan Rech and Marc Sarnow:

- in memory of Jerry Resnick.

MARTIN M. GOLDMAN AND FAMILY FUND:

In memory of Eleanor Goldman:

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Janet Murnane and Family

Norma T. Fishman

Melissa Gershon

Enid F. Kagan

Janet and Jerome Davis

Sheryl and Laurance Rednor

Paula and Larry Meyerson

Stone Soup/Jennifer Booth

Sharon and Ian Ratner

Shelley and Michael Lack

Mark Goldman

Chery and Sabieli Kabeli:

- in honor of Rabbi David and Eva for a great re-opening.

Susan, Howard, Jacob and Daniel Meyerson:

- in memory of Irving and Eleanor Goldman.

Linda and Steven Leighton:

- in memory of Ellie Goldman, Evelyn Marks and Herman Leighton.

GENERAL FUND

In memory of Jerry Resnick and Ellie Goldman:

Elizabeth Brumfield/Thomas DuFore

Ramzi and Margaret Murat

Marcia and Thomas Wolosz

Judith Weisman

Susan Rech and Marc Sarnow:

- to celebrate Sophie Kabeli's Bat Mitzvah.

Shelley and Michael Lack:

- in memory of Jerry Resnick, Beloved Husband, Father and Grandfather.

Gayle Ratner:

- in memory of my Grandfather, Louis Kalofsky.

Sara and Harvey Hurwitz, MD:

- in gratitude for support by TBI members during my bereavement.

Ann and David Holland:

- in honor of Ben Grafstein's Bar Mitzvah.

Irene and Jeffrey Gretz:

- in memory of Harry Lippert;
- congrats to Ben Grafstein.

Leo and Ellen Grafstein

RABIN RELIGIOUS SCHOOL TRUST FUND

Roger and Marilyn Lorberbaum:

- in memory of Elle Berger and Jerry Resnick.

Susan Kier-Merrihew:

- in memory of Pearlle Rabin.

Elizabeth Brumfield/Thomas DuFore:

- in honor of my daughter Lea Brumfield.

Maria and Joel Wolkowicz:

- in memory of Zahava and Stuart Harrison; Jerry Resnick, Ellie Goldman, Evelyn Marks, Pearlle Rabin, Bea Matzkin;
- Mazel Tov to Sophie Kabeli and family on her Bat Mitzvah.

Susan and Steve Albert:

- in honor of Ben Grafstein becoming a Bar Mitzvah.

WE GRATEFULLY ACKNOWLEDGE GIFTS TO THE VARIOUS TEMPLE TRUST FUNDS

Yahrzeit Fund:

Lawson and Betty Carol Singer:
- in memory of Benjamin Singer.

Nancy and Gary Perry:
- in memory of Jerome Resnick.

Mark Goldman:
- in memory of Irving Goldman.

Janet and Jerry Davis and Family:
- in loving memory of John J. Hiller.

Larry and Kate Kriff, Leslie Kriff:
- in memory of Gertrude Kriff.

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- in memory of Jerry Resnick and Ellie Goldman.

Rabbi's Discretionary Fund

Cheryl and Sabieli Kabeli and Sophie:
- in honor of making Sophie's Bat Mitzvah seamless.

Susan Rech and Marc Sarnow:
- in memory of Pearlle Rabin and Ellie Goldman.

RACHEL HARRISON CAMP FUND

In memory of Stuart and Zahava Harrison:
Susan Kier-Merrihew
Susan Rech and Marc Sarnow

WOOLMAN RABBINICAL TRUST FUND

Cheryl and Sabieli Kabeli and Sophie:
- in honor of making Sophie's Bat Mitzvah seamless.

SAFETY PRECAUTIONS FOR TEMPLE BETH ISRAEL HIGH HOLY DAY SERVICES

Shalom Chaverim,

As of now, we are having in-person High Holy Day Services with simultaneous Zoom broadcasting. Special safety precautions to protect our most vulnerable members will be in place. Services will follow the schedule printed in the September Bulletin. The schedule was also sent to you with The Book of Remembrance form.

Safety precautions that will be in effect:

1. All persons entering the temple **MUST** show **proof of being fully vaccinated**. (Last vaccine at least 10 days prior). No exceptions. If your child is not vaccinated, please join us on Zoom.
2. Anyone with exposure to COVID-19, or with symptoms that could represent active COVID-19 infection (fever or chills, cough, difficulty breathing, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, fatigue, muscle or body aches, or headache) **MUST** not attend.
3. Masks **MUST** be worn over the mouth and nose at all times.
4. When you enter the building, you will check in with the greeter. Sign in and present your proof of vaccine. Once you show proof of being fully vaccinated, you will not need to show proof for subsequent services.
5. Use hand sanitizer.
6. You and your group will be seated by ushers to ensure social distancing.
7. Please do not socialize before or after services so social distancing is maintained.

You will be notified if any changes become necessary. Thank you for your cooperation.
President ElizaBeth Brumfield and The Board of Trustees

FROM THE RABBI

Most years, I use this space to describe what our High Holiday and fall festival service offerings will look like. In loving detail I point out high points of services, maybe adding a little spiritual insight here and there. In truth, it reminds me of one of my least favorite parts of my first writing job as a market researcher: writing a paragraph that accompanied and described a graph that was completely self-evident.

Well, this year is different. This year I am not describing the services, because I don't know what we are doing yet. For those of you wondering, why yes, this does feel a little like "playing chicken" with the High Holidays. And in case you are wondering, this exact scenario is the stress dream most rabbis have in place of "showing up for the final exam when you forgot to show up for class all semester." So, rather than dwelling on the uncertainty and exploring the shared unconsciousness of rabbis, I will, instead, make some introductions.

First, joining us for the High Holidays this year as our cantorial soloist is Dr. Yonina Foster. Dr. Foster lives in the Buffalo area where she works in a variety of Jewish contexts (including as a cantorial soloist with a classmate of mine from rabbinical school). She is currently studying for ordination as a rabbi with Aleph, the Jewish Renewal Rabbinic Seminary program. She comes to us with years of experience leading services and spiritual experiences in a variety of contexts. She holds a PhD in American Studies.

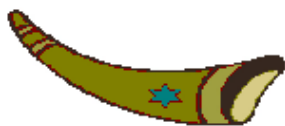
Secondly, I am delighted (ecstatic, relieved, over the moon, etc.) to announce that we have hired an administrator for the Rabin Religious School. Tracey Serlock is a long-time resident of the area. Her day job is as Chief Operating Officer of Families First, a non-profit

that aids families with emotional and cognitive differences. While it has been many years since she has been part of a Jewish community, she is looking forward to becoming part of the Temple Beth Israel community as well as establishing our school on a somewhat more stable foundation. Working together with the Rabin Religious School Committee (ably led by Jen Shutts) and myself, we look forward to building a cohesive curriculum that takes our students through Bar/Bat/B. Mitzvah and beyond into Confirmation.

Finally, I want to thank everyone in the community for your patience and endurance as it seems like we are moving into yet another wave of COVID. By the time you get this, we will be almost 18 months into this pandemic. I hear the back and forth between frustration with limitations and inclinations to caution. This plays out not just between people and within committees, but within each of us as well. Each one of us has different risk tolerance and a different sense of what constitutes a risk. Those of us who are making decisions for the congregation are doing our best to weigh the most recent medical advice, the desires of the community, and to foretell the future. At the same time we are checking in with our emotional and spiritual inclinations ("it doesn't feel safe to be in the Temple, but I don't want to do another High Holidays from the living room").

I know we are all tired and frustrated. I know we all want better solutions. I know we all want everyone in our community to be safe and healthy at the end of this. Please know we are all trying our best. With wisdom, with caution, with audacity, we tiptoe, trudge and stride into the future. But we do it together, as a community. So let us join (figurative) hands in a socially distanced manner and together make our way into the New Year!

David



You will receive a survey in the mail in mid-September. Please fill in the survey and return it in the self-addressed, stamped envelope as soon as you receive it. Surveys are anonymous.

For the Rabbinic Review Committee,

Larry Soroka
Sandra Ghelman
Suzi Merihew

FROM THE PRESIDENT

To all congregants, in lieu of [A Note from the prez column](#), I'm sending this note written by Dr. Sabie Kabeli, MD. Dr. Kabeli is an eminent pulmonologist and has been on the front line since this pandemic started. He presents fact, history and suggestions to help us all live through this plague. /ElizaBeth

Hello everybody.

There is already so much news about COVID 19 out there, but I thought it might be worth briefly summarizing the situation as it is right now; it is very fluid and fast-moving, but some of the principles do not change:

- . Covid 19 and the new Delta variant are both very serious and dangerous viruses.
- . The new Delta variant is more infectious than the original, more easily transmissible from person to person and in some people can cause a more severe and a deadly infection.
- . Wearing a facemask in public is one of the simplest and easiest way to help protect yourself and others. Although never 100% effective, it remains very highly recommended.
- . The vaccines, particularly the Pfizer and Moderna vaccines for Covid 19 are VERY effective at protecting you; making it much more likely that if you do get infected with the virus, your illness will be much milder and nowhere near as life-threatening. And although there are some rare case reports of side effects from the vaccines, they are in general VERY safe.
- . The mRNA technology used to create the Pfizer and Moderna is NOT brand-new; has been in existence for some time, and is generally known to be a very safe method of creating vaccines.
- . These vaccines DO appear to provide very good protection against the Delta variant.
- . As of 8/14/21, the CDC is only recommending a booster shot for already vaccinated people if you have a serious immunocompromised conditions such as are a recipient of an organ transplant, on chemotherapy or chronic immunosuppressive medications. For people with diabetes, high blood pressure, heart disease and other medical conditions it is not at this time recommended by the CDC that you get a booster shot if

already fully vaccinated. This may change; in Israel, as of 8/13/21, I believe anyone over the age of 50 years that is already fully vaccinated can register for a booster shot. We will watch closely for any new recommendations from the CDC here in the United States.

- . To help safeguard our congregants, many of whom are at an age where the risk for illness is increased, we should always wear a facemask when in the Temple and continue to exercise social distancing; this remains the best way to protect ourselves and our friends, even if we are fully vaccinated. There is still the potential to spread the virus to other people. We are a small community, we are all each other's keepers; please respect this request.
- . Many places of worship and business institutions are now requiring congregants/employees to provide proof of vaccination before entering the building. This is not meant to offend anyone, but purely again a method of providing as much safety to our community as possible.
- . On a personal note, I work in the intensive care unit; for the past 18 months, I have taken care of more Covid 19 patients than I care to remember. This disease is absolutely horrible. It can suffocate you, filling your lungs with congestion making it very hard to breathe; destroys your kidneys resulting in the need for dialysis machines; damages the heart resulting in heart failure; and can damage the brain resulting in "brain fog" and decreased mental capacity in those who survive. This is a very ugly and dangerous condition. There is nothing political about this; unfortunately, too much vitriolic nonsense in the news has resulted in a huge amount of confusion in our society. This virus does not care what political point of view an individual has; it will affect us all equally. It is dangerous, it is deadly. In the last 3 months, the patients I have cared for in the hospital have been EXCLUSIVELY those that are not vaccinated. And they do not generally have good outcomes. If you have not yet been vaccinated, PLEASE reconsider. I am fully vaccinated, as is my entire family. I would not ask you to do something that I have not personally done myself.

Be well, be healthy.

Sabieli Kabeli

YENTA

Beth Brumfield tells me that her Tommy (DuFore) after two years got his reenactment gear out over Memorial Day weekend and attended a reenactment event at Fort William Henry. Sadly, Beth and Tom had to put down Missy Ricky after a sudden illness. Beth wanted to thank everyone for the outpouring of sympathies. Tom went to the Elmore SPCA and adopted Sweetie Pie. As if our President isn't busy enough, she is now laying ceramic tile for a hearth and will be redoing her kitchen cabinets AND let us not forget her incredible garden. By the time you read this Tom will be recovered from a total knee replacement. Lucy Taylor told me she and her grandson very much enjoyed the Rabin Religious School Picnic. Good food and fun.

George and Carol Staves traveled to the Mayo Clinic in Jacksonville, FL for his annual health exams. His doctors were very pleased with his lung functions. During our time in FL, we were pleased to have met the first lung transplant recipient, the 435th. George was # 213. We can't emphasize enough to consider becoming an Organ Donor.

Debra Good and Doug Chavas tell Yenta the sale of their home closed. Debra continues to work remotely for CVPH part time with all the same responsibilities she had. They remain committed to staying close to Noa (age 2) for the foreseeable future. Their daughter in law Melissa just completed her first year of medical school at Cooper in Camden. She was one selected for the accelerated Family Medicine program and residency for which there were only 2 spots. Son, Justin, is on his first



overseas State Department appointment in Nassau, Bahama. Debra and Doug moved into a different apartment in the same building in Mt. Laurel and are loving it. They bought a new car. A Venza hybrid and are enjoying excursions to Maine when last in Plattsburgh as well as day trips to Amish country in PA, the Nemours Mansion Dupont estate in Delaware and for a bayside lunch in Maryland.

Stan Haas is out and about feeling better after a recent illness.

Alice and Ronnie Marx were happily busy with little Dalia and parents, visiting from San Diego. A nice visit with cousins Asher and Zach, and their parents "was the icing on the cake"!

Proud to see that Jack Helfgott was the featured business/ owner in Plattsburgh Professional Connections.

Ask Sophie Kabeli about her time in Minnesota at a "survival camp". Also ask Mom (Cheryl) who was seen in a photo with the Lord Stanley Cup, Tampa Bay Coach Lelonde and player #22 (Zach Bogosian). Ask her the story behind it!

Janet and Jerry Davis spent 10 great days in Denver visiting Michelle and family. Lots of gardening, swimming, and walking. Sarah, Kori, and the boys

visited Janet and Jerry in mid-July for a wonderful week of boating, beach, and fun. Have you seen Jerry on his new recumbent tricycle? He's enjoying it and travels often to Cumberland Head.

Ben Grafstein's Bar Mitzvah – great job and ceremony Ben. Your party was wonderful!

Micki and Richard Smith have returned to Plattsburgh and will be residing at Lake Forest's main building.

Sarah and Rodney Brown enjoyed their summer at the lake.

The Goldenberg's enjoyed a weekend at a Dude Ranch in Warrensburg with their kids and families. It sounded like a great time.

It was nice seeing two of the Goldman families at services. They came to visit the cemetery, enjoy the North Country, and reminisce.

What a nice surprise to see Bev Reuter and Art Hurwitz in Plattsburgh for the unveiling of the Stuart and Zahava Harrison's gravestone.

Summer is just about over, enjoy the beauty of the fall and be well, be safe and enjoy and embrace our High Holy Days. Shauna Tova



TEMPLEGRAMS

OCTOBER

- 1/Lea Brumfield
- 12/Keith and Lucy Taylor
- 13/Ann & David Holland
- 15/Ellen & Leo Grafstein
- 18/Debra Good
- 18/Leslie Faith Holland
- 19/Suzi Kier Merrihew
- 23/Bunny & Bob Adler
- 31/Talia Sanders

NOVEMBER

- 5/Sue Rech
- 5/Lillian Resnick
- 7/Eleanor Goldman
- 7/David Kominsky & Eva Schweber
- 9/Beth Brumfield
- 9/Alan Goldman
- 9/John Schenkel
- 22/Lisa Davis
- 25/Tom Dufore & Beth Brumfield
- 28/Ellen Grafstein
- 30/Phyllis Freedman

DECEMBER

- 2/Ann Ruzow-Holland
- 4/Michelle Davis
- 11/Douglas Chaves
- 11/Natalie Mercaldi
- 14/Alice Marx
- 15/Sarah Davis
- 15/Eli Goldenberg
- 16/Ilana Rubin
- 18/Beth Nolland
- 20/Calla Stafford
- 21/Benjamin Grafstein
- 29/David Stafford
- 30/Micki Smith



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Rabbi's Discretionary Fund: This fund is used by the Rabbi as needed to assist needy individuals, contribute to tzedakah and support other activities that further the mission of TBI. These funds are not used for the personal benefit of the Rabbi.

The Joyce Cohen Building Fund: The interest from this fund is used to make any capital improvement on both the Temple and Rabbinate. Contributions to this fund will continue to insure our ability to keep up on repairs and maintenance of our congregation's properties.

21st Century Fund: Ensures that funds are available to retain a Rabbi.

Woolman Rabbinical Trust Fund: Supports a Rabbi as spiritual leader for our community.

Education Funds

Rabin Religious School Trust Fund: Supports the Religious School.

Merkel-London Library Fund: Supports the purchase of books, periodicals and films that support the needs of the congregation and Religious School.

Fanny S. Schiff Trust Fund for Youth Activities: Supports youth programs and activities.

Judge Robert J. Feinberg Memorial Educational Fund: For acquiring books, periodicals, audio-visual equipment, software and the like to aid in the education of the members of the congregation.

Rachel Harrison Camp Fund: Provides scholarship money for children and teens to attend Jewish camps.

The Israel Student Scholarship Fund: Provides supplemental funding for current and former students of RRS to travel to Israel.

Cultural Funds

The Charles E. and Regina L. Slatkin Lecture Fund: Supports programs with Jewish content in the areas of art, literature or music.

Mensch Fund: To be used for programs and purchases that might not be accommodated within the regular Temple budget.

Martin M. Goldman and Family Fund: To provide for the enhancement of Jewish life and worship in Plattsburgh.

Harvey Duchin Jewish Cultural Fund: Cultural programs and/or activities, including music, art, lectures etc., for the benefit of the congregation.

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FUND NAME AND AMOUNT _____

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