



Beth Israel Bulletin

TISHREI - CHESHVAN 5786



Upcoming Events: **OCTOBER**

Special Events

Feast of Tabernacles/Sukkot

10/05:

10:00 am: Build the Sukkah

10/10:

5:00 pm: Children decorate Sukkah

10/10:

5:30 pm: Sukkot/Shabbat Service
Pizza in the Hut to follow

10/14:

5:30 pm: Simchat Torah Celebration

10/21:

7:30 pm: Shabbat Hebrew and Prayer Song
Class Begins

Shabbat and Other Services

10/01:

8:00 pm: Kol Nidre

10/02:

10:00 am: Yom Kippur service

3:00 pm: Discussion with Rabbi

4:00 pm: Yizkor

5:00 pm: Afternoon and Concluding. Service
followed by Break Fast

10/03:

6:00 pm: Pre-Shabbat Reception

7:00 pm: Shabbat T'filah/Oneg by Beth Brumfield
and Tom Dufore in honor of daughter Lea's
birthday

10/10:

5:30 pm: Shabbat T'filah/Sukkot/Oneg by Carol
Staves in memory of George Staves

10/18:

10:00 am: Shabbat T'filah/Luncheon by Sharon
Ratner

10/24:

6:00 pm: Pre-Shabbat Reception

7:00 pm: Shabbat T'filah

OCTOBER SHAMUS: Carol Staves

[View Full Calendar](#)

[Join Via Zoom](#)



FROM THE RABBI

Happy Yom Kippur!

My dearest friend Kevin, a clueless lapsed Irish-Catholic, always wishes me a Happy Yom Kippur, no matter how many times I remind him that Jews don't wish each other a Happy Yom Kippur. For some reason, it just seems weird. Despite what many consider to be the holiest day of the Jewish year, Yom Kippur isn't always perceived as a happy holiday. We usually wish each other a Tzom Kal (an easy and meaningful fast), but it's not a joyous day. If it's the holiest day on the Hebrew calendar, then why doesn't the holiday feel happy? Well, the fasting might have something to do with it. Depriving our bodies of food seems perverse on a Jewish holiday, but the self-sacrifice is done in the effort to focus away from our bodily needs and to concentrate more on our relationship with God, mortality, and morality.

But, is Yom Kippur the holiest day of the year? Well, somewhere along the way in Leviticus, and maybe because of the fasting and a few other prohibitions (schtupping, washing, wearing leather), most of our ancient rabbis, sages, and leaders accepted that Yom Kippur was the holiest day, even if it isn't explicitly stated as such anywhere. However, I argue that Shabbat, the weekly underrated day of rest, is in fact far holier. Traditionally, when we conduct the Havdalah ceremony after Yom Kippur, we generally don't say the blessing over the spices, while when we recite Havdalah after Shabbat, of course we recite the blessing for the spices. Nu, what gives? Well, on Shabbat we received a second soul, and after losing the second soul at the end of Shabbat, we might need the sweet-smelling spices to lift our depleted spirits throughout the week, until we meet again next Shabbat.

However, on Yom Kippur, when we are forced to starve through only having one soul, we aren't in need of the spices during the Havdalah ceremony to give us the post-Shabbat weekly boost. What can possibly be more holy than receiving the gift of a second soul on Shabbos?

Regardless if you consider Shabbat more or less holy than Yom Kippur, we really hope to see each and everyone of you this year during one of our many Shabbat services, pre-onegs, Shabbaton weekends, B'nai Mitzvah celebration, or the frequent dinner/lunches. Temple Beth Israel has made the decision to invest time, treasury, and talent in our weekly Shabbat gatherings.

While holidays are special; there is no substitute for Passover Seder or our annual Chanukkah candle lighting party, Shabbat offers us a weekly opportunity to unwind and recharge together as a family and as a community. So, while the debate may continue as to whether or not Yom Kippur is the holiest day of the Jewish year, let's not make the hungriest day on the Jewish calendar the highlight of our Jewish engagement this year. Please, grace us with your shayna punims on Shabbat throughout the next year!

Shanah tovah, Gamar chatimah tovah, Tzom Kal, and happy Yom Kippur

-Rabbi David Joslin

FROM THE PRESIDENT

As the crisp air of autumn settles in and the leaves begin their brilliant transformation, we find ourselves moving from the intensity of the High Holy Days into the joy and celebration of Sukkot, Shemini Atzeret, and Simchat Torah. These holidays remind us that life is both fragile and beautiful—like the sukkah's open roof, which invites us to look upward with gratitude and hope.

Sukkot invites us to step outside our homes and into the fragile beauty of the sukkah, reminding us of the journey our ancestors took through the wilderness. It's a time to reflect on impermanence, gratitude, and the shelter we find not just in structures, but in community, tradition, and faith.

October is a time for both reflection and renewal. We have prayed, sung, and shared meals together; now we carry that spiritual energy into the weeks ahead. Let's continue to strengthen the bonds that make our community a true kehillah kedoshah—a sacred congregation.

This month, I encourage you to:

- Join us in the sukkah for our community dinner and lively discussions under the stars.
- Celebrate Simchat Torah with dancing, music, and the joy of completing and beginning the Torah cycle anew.
- Engage in acts of kindness—whether through our food drive, visiting those who are homebound, or simply offering a warm smile to a neighbor.

May this October bring you warmth, joy, and a renewed sense of purpose. Thank you for being an essential part of our community's story.

Chag Sameach and Shabbat Shalom

Cheryl Kabeli, President
tbipresident1@gmail.com

Don't Miss Out! New Learning Experience!

Shabbat Hebrew and Prayer Song Class

Join the Rabbi for this fabulous opportunity to explore Shabbat Hebrew and Prayer on Tuesday evenings from 7:00-8:00 pm starting October 21. Join in on Zoom or in-person in the sanctuary. All are welcome! Feel free to drop into the class as your schedule allows.

An outline of the class material:

Review of letters and vowels

Candle Lighting Page 2 (120); Shabbat, Holiday melodies

Kiddush, short, medium, and large Page 4-5 (122-123)

Hineh Mah Tov; Classic and Calypso Page 10 (128)

Y'did Nefesh; folk and Carlbach Page 10 (128)

L'Chu n'ran'na; Suzi's version Page 12 (138)

Psalm 96; Carlbach just the first paragraph Page 13 (131)

Psalm 18; Carlbach Page 18-19 (136-137)

L'chah Dodi; various melodies Page 20-21 (138-139)

Psalm 92/Shabbat; Page 22 (140)

Shalom Aleichem; iconic vs staccato Page 24 (142)

Hatzi Kaddish vs. Full Kaddish Page 26 (144)

Bar'chu Page 28 (146)

Ahavat Olam; Debbie Freidman vs. Traditional Page 32 (152)

Sh'ma: Chanting the traditional Hebrew Page 34-36 (152-154)

Mi Chamocha: Various tunes Page 40 (158)

Hashkiveinu: Various tunes Page 42 (160)

V'Shamru (slow and fast version) and Yism'chu (Klezmer version) Page 44 (162)

Amidah: Hebrew and melody Page 46-62 (164-180)

Misheberach: Hebrew and Debbie Freidman tune Page 253 (371)

Mourner's Kaddish Page 294 (598)

Aleinu: Hebrew and melody Page 282-287 (586-591)

Adon Olam: Hebrew and various tunes Page 321 (625)

SOCIAL ACTION UPDATES

A reminder that the Interfaith Food Shelf (plattsburghfoodshelf.org) is in need of soups, whole kernel corn, as well as - non - perishable foods and monetary donations. Winter is coming and any gently used clean coats, hats, mittens, scarves and yes boots, once collected will be forward to the 1st Methodist Church for their winter wear donation program. Interfaith Food Pantry fundraiser "Drive for Food" started at 7 AM this morning 9/12/2025. TBI gave a beautiful Mum Basket with \$125.00 in lottery scratch off tickets.

More on this later!



SPONSOR AN ONEG

For Friday Kiddush keep it simple: some fruit or pastries or cookies

For Saturday Kiddush Luncheon: keep it a Jewish favorite like bagels and cream cheese

Sponsor an Oneg in honor of an anniversary, engagement, birthday, birth of a child or grandchild or a yahrzeit. Ask a friend to co-sponsor with you: many hands make light work. Reserve your Oneg date - act now!

Contact [Stephen Cahill](#) and place "Oneg" in the subject line.

11/01: Saturday 10:00 am

11/07: Friday 7:00 pm

11/15: Saturday 10:00 am

11/21: Friday 7:00 pm



✨ Renew Your 2025-2026 Membership Now ✨

Your membership isn't just a renewal - it's your ticket to being part of something truly special! Every single membership strengthens the heart and soul of our vibrant Jewish community.

--[CLICK HERE to renew your membership in just minutes!](#)

Questions? We're here to help!

Reach out to ceriseoberman@gmail.com

Together, let's make 2025-2026 our most connected and meaningful year yet!



We Gratefully Acknowledge Gifts to Our Temple Funds

🌟 RABBI'S DISCRETIONARY FUND

- Debbi and Donald Papier

🌟 YAHRZEIT FUND

- Larry Kriff in memory of Gertrude Kriff
- Carol Staves
- Paul Munk

🌟 MENSCH FUND

- Nancy Person
- Phyllis Freedman for the many yahrzeits recognized at services thru the year

🌟 GENERAL FUND

- Nancy Person

🌟 21st CENTURY FUND

- Roger and Marilyn Lorberbaum sending a huge thank you to the fabulous chefs, wine stewards and brilliant organization. You created an incredible evening. Special thank you to our wonderful Rabbi for a Shabbaton to remember.
- Fran and Mark Schlesinger in memory of Leonard and Caroline Schlesinger, and in honor of their children and grandchildren.

🌟 FANNY F. SCHIFF FUND

- Fran and Mark Schlesinger



Take a Moment & Make a Difference

In Jewish tradition we make donations or tributes, to acknowledge lifecycle and milestone events including: Birthdays, Anniversaries, Births, Graduations, Weddings and of course Commemorations and Condolences. At TBI, you can direct these tributes towards causes that reflect your or your loved ones interests.

Make a Donation



Yahrzeits

It is customary to honor the anniversary of the death of a loved one by lighting a memorial candle, reciting Kaddish at a congregational service and making a donation. We hope you will do all. A donation can be made to the [Temple Beth Israel Fund of your choice.](#)

OCTOBER 03 , 2025

Richard Ford
Leon Rednor
Gabriel Davis
Jacques Greenfield
Sarah Kaye
Edward R. Brohel
Herman Lichtig
Barney Bombaggio
Sarah Eigenberg
Isaac Merkel
Ada Schantz
Hyman Cohen
Ilda Fox

OCTOBER 10, 2025

Abraham Colman Feldman
Herbert Marx
Robert Willins
Samuel Rubin Bolker
Silas Pasquorella
Devorah Handelsman
Eleazar Handelsman
Itchek Handelsman
Heniek Handelsman
Robert Willins
Samuel Cohen
Bessie Kaplan
Minnie Bella Brody
Stanley Gotlieb
Harry Duchin
James Godfrey
Mary B. Moskovitz

OCTOBER 18, 2025

Irving Albert Elias
William Lorberbaum
Beverly Caroline Nussbaum
Libby Selbst
Jesse A. Zeeman
Bertha Levien Schoenkopf
Gerald Reuter
Samuel Goodrich
Pauline Balkan

OCTOBER 24, 2025

Alex Goodrich
Karoline Sinsheimer
Bertha Miller
Michael B. White
Frances Goodrich Leibowitz
Minnie Steiner Schiff
Joseph W. Feldman
Rachel Feldman
Gregory F. Merrihew



Templegrams: OCTOBER AND NOVEMBER

OCTOBER

1 Lea Brumfield
 12 Keith Taylor
 13 Ann and David Holland
 15 Ellen and Leo Grafstein
 19 Suzi Kier Merrihew
 23 Bunny and Bob Adler
 31 Talia Sanders

NOVEMBER

5 Sue Rech
 5 Lillian Resnick
 9 Elizabeth Brumfield
 9 Diane Fine
 9 John Schenkel
 10 Sharon Ratner
 25 E. Brumfield & Tom Dufore
 28 Ellen Grafstein
 29 Jim Jolly
 30 Phyllis Freedman

Please note. There is a change in how Templegrams work: no further donations will be accepted, however if you want to remember someone on their special day, notify Carol Staves at cjstaves@gmail.com and a TBI Templegram will be sent signed from "the congregation." If you want to add to the birthday list send the person's name and email to Carol Staves at cjstaves@gmail.com.



KNOW YOUR TEMPLE BOARD OFFICERS AND COMMITTEE CHAIRS

<https://www.plattsburghtbi.org/board-of-directors>

You can contact any of these individuals by calling the office at 518-563-3343



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